

Grades 9-12 / 20 minutes / TEACHER PLAN

Attention belongs on the road

Plan ways to reduce distraction before a journey, as a driver or passenger.

Before class

Student activity page and pencils; no equipment, devices or real-world hazard search required.

Preview the lesson and adapt it to approved school guidance. Use fictional examples; students may pass. Do not collect private student or medical information.

0-3 min / Introduce

Plan ways to reduce distraction before a journey, as a driver or passenger. Say: "We will use imaginary examples. You can point, draw, speak or pass."

3-7 min / Model

Read the first scenario aloud. Invite a response before sharing the answer guide. Model a calm question that asks the appropriate adult for help.

7-15 min / Practice

Use the student activity sheet. Discuss the other scenarios in pairs or as a class. For younger learners, read every prompt aloud and accept a drawing or pointing response.

15-20 min / Close

Use the exit ticket. Reinforce the approved school process relevant to the topic. Do not invite personal incident disclosures during group discussion.

Access & participation

Read aloud, provide processing time and accept spoken, written, drawn or pointing responses. Follow individual accommodations. No public speaking or personal disclosure is required.

Grades 9-12 / STUDENT ACTIVITY

Attention belongs on the road

Think it through. Choose a helpful next step.

These examples are imaginary. Write, draw or discuss your response. You do not need to share a personal experience. For younger learners: an adult reads the prompts.

01 / A driver receives a message while the vehicle is moving.

What could this person do next?

02 / Passengers keep asking the driver to change music and look at a video.

What could this person do next?

03 / A route needs to change during the trip.

What could this person do next?

One thing to take with you

Write one before-the-trip choice and one passenger choice that protect attention.

Grades 9-12 / TEACHER ANSWER GUIDE

Talk about the why.

01 / Discussion point

Leave the message until safely parked. A message is not worth diverting attention from driving.

02 / Discussion point

Stop creating distractions. Discuss the plan before driving and support the driver's attention on the road.

03 / Discussion point

Do not handle navigation while driving. Arrange changes only when safely parked, or use an appropriate passenger's help without distracting the driver.

Optional family message

We discussed distraction and planning before travel. Agree a family expectation about phones, passengers and navigation before a trip. No driving activity is assigned.

Reference / scope

NHTSA distracted driving | <https://www.nhtsa.gov/risky-driving/distracted-driving>

Discussion and learning only. This is not emergency response training or a substitute for qualified school guidance.