

K-2 / 20 minutes / TEACHER PLAN

Clean hands, everyday moments

Recognize everyday handwashing moments and describe the soap-and-water routine.

Before class

Student activity page and pencils; no equipment, devices or real-world hazard search required.

Preview the lesson and adapt it to approved school guidance. Use fictional examples; students may pass. Do not collect private student or medical information.

0-3 min / Introduce

Recognize everyday handwashing moments and describe the soap-and-water routine. Say: "We will use imaginary examples. You can point, draw, speak or pass."

3-7 min / Model

Read the first scenario aloud. Invite a response before sharing the answer guide. Model a calm question that asks the appropriate adult for help.

7-15 min / Practice

Use the student activity sheet. Discuss the other scenarios in pairs or as a class. For younger learners, read every prompt aloud and accept a drawing or pointing response.

15-20 min / Close

Use the exit ticket. Reinforce the approved school process relevant to the topic. Do not invite personal incident disclosures during group discussion.

Access & participation

Read aloud, provide processing time and accept spoken, written, drawn or pointing responses. Follow individual accommodations. No public speaking or personal disclosure is required.

K-2 / STUDENT ACTIVITY

Clean hands, everyday moments

Think it through. Choose a helpful next step.

These examples are imaginary. Write, draw or discuss your response. You do not need to share a personal experience. For younger learners: an adult reads the prompts.

01 / You are about to eat a snack after playing outside. What comes first?

What could this person do next?

02 / You have soap on your hands. How long should you scrub?

What could this person do next?

03 / You need help reaching the sink or using supplies. What can you do?

What could this person do next?

One thing to take with you

Draw an imaginary moment when clean hands would help. Tell an adult what the child could do.

K-2 / TEACHER ANSWER GUIDE

Talk about the why.

01 / Discussion point

Wash hands with soap and water before eating. Ask an adult if help is needed.

02 / Discussion point

Scrub for at least 20 seconds, including backs of hands, between fingers and under nails; then rinse and dry.

03 / Discussion point

Ask an adult for help. Teachers should follow individual access and health needs.

Optional family message

We practiced everyday handwashing moments. You can talk together about washing before food and after using the toilet. No worksheet needs to be returned.

Reference / scope

CDC handwashing guidance | <https://www.cdc.gov/clean-hands/about/index.html>

Discussion and learning only. This is not emergency response training or a substitute for qualified school guidance.