

# Pause and choose

## GRADES 3-8 / DISCUSSION CARDS

Read a card with a partner or adult. Explain a helpful choice. Do not act out a hazard or go looking for one.

### 1. A cup has spilled

You notice liquid on the floor. What helpful choice can you make?

### 2. The instruction is unclear

You did not understand what the class should do next. What can you say?

### 3. The room has changed

Something is different from the usual classroom setup. What can you do?

### 4. A friend wants to race

A friend suggests racing through a busy hallway. What would you choose?

### 5. An unfamiliar object

You see an object you do not recognize. What should you avoid doing?

### 6. An unanswered concern

You told an adult about a concern but you are still unsure what to do. What next?

# Conversation card guide

## FOR TEACHERS AND FAMILIES

Accept answers that use the school's approved process and involve a trusted adult. Adapt language and examples for the age group.

### 1. A cup has spilled

Stay away from the spill and tell the teacher or trusted adult. Do not touch or investigate it.

### 2. The instruction is unclear

Ask the teacher to explain it again. Asking a question is a useful choice.

### 3. The room has changed

Pause and ask the teacher about the change before making assumptions.

### 4. A friend wants to race

Walk calmly and follow the school's directions. You can suggest a suitable game at the right time.

### 5. An unfamiliar object

Do not pick it up, open it or test it. Tell a trusted adult.

### 6. An unanswered concern

Ask again or speak to another trusted adult using the school's process. Keep yourself away from the concern.