

A short safety activity lesson

FOR TEACHERS / ABOUT 15 MINUTES

Use one activity to practice noticing, asking and making a helpful choice. These activities reinforce classroom habits; they do not replace district-required instruction or emergency training.

Before the activity

Choose language suitable for your students. Follow district guidance, allow students to pass, and offer a spoken or drawn response instead of writing.

Minutes 1 to 3

Introduce the idea: When something is unclear or unfamiliar, a trusted adult can help. Use an ordinary classroom example without describing frightening events.

Minutes 4 to 10

Grades K-2: color and discuss one picture. Grades 2-5: word search or helpful choices bingo. Grades 3-8: discuss two conversation cards.

Minutes 11 to 13

Ask: What could you say to ask for help? What is one choice you can use tomorrow? Accept more than one sensible answer.

Minutes 14 to 15

Close with a calm summary. Offer the optional take-home activity. Do not request home addresses, photographs, family plans or personal safety disclosures.

For school leadership

Use the staff worksheets separately for readiness, facilities, training and follow-through. Keep student activity participation separate from staff training records.