

Fall Protection Fundamentals - Practical / Workplace Evaluation

2019 OSHA 309-2019 applicable working guarding surface rules

Employee: _____ Evaluator: _____ Date: _____

Evaluation item	Meets	Coach	N/A
Identifies fall hazards	☐	☐	☐
Selects correct protection method	☐	☐	☐
Inspects harness/connectors	☐	☐	☐
Adjusts harness correctly	☐	☐	☐
Connects to approved system	☐	☐	☐
Explains clearance/swing fall	☐	☐	☐
Maintains safe work position	☐	☐	☐
Explains rescue/reporting steps	☐	☐	☐

Comments / coaching:

Result: ☐ Competent for evaluated task (subject to employer authorization) ☐ More training/practice needed